



STEAKS all served with chips & salad

300g PORTERHOUSE STEAK 34.90/37.90
with choice of sauce

300g RIB FILLET 35.90/38.90
with choice of sauce

300g BLACK ONYX RUMP (marble score 3+) 40.90/43.90
with choice of sauce

MAIN MEAL TOPPERS

CREAMY GARLIC PRAWNS (4) (GF) 7.00/8.00

KOREAN FRIED CHICKEN PIECES 7.00/8.00

LAMB KOFTAS (3) 7.00/8.00

BISTRO MENU

pricing: MEMBERS/VISITORS

STARTERS

GARLIC BREAD (V) 10.90/11.90

GARLIC CHEESE BREAD (V) 11.90/12.90

TOASTED NAAN BREAD (V) 14.90/16.90
with 3 dips

SOUP OF THE DAY 14.90/16.90
with bread roll & butter

SMALL BOWL CHIPS (V) 9.90/10.90

LARGE BOWL CHIPS 14.90/16.90
with gravy or aioli

SIDES (V) VGN) (GF) 11.90/12.90

GARDEN SALAD

STEAMED VEGETABLES

BAKED VEGETABLES

Kids Menu

Meal includes free dessert
for children 12 & under

12.90/13.90

CHICKEN NUGGETS & CHIPS

FISH & CHIPS

CHEESEBURGER & CHIPS

BEEF SAUSAGE, MASH & GRAVY

Take away welcome / Check blackboard for daily specials

Menu items subject to availability

15% surcharge on all Public Holidays

Food Allergy Disclaimer - while we will endeavour to accommodate requests for special meals for customers who have food allergies or intolerances, we cannot guarantee completely allergy-free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients.

SAUCES OF CHOICE (GF) 3.00/4.00

Gravy, Mushroom, Green Peppercorn,
Garlic Cream, Hollandaise, Aioli, Bearnaise

pricing: **MEMBERS**/VISITORS

PETITE MEALS

17.90/19.90

BEEF SAUSAGE

with mash, vegetables & gravy

PANKO CRUMBED ALASKAN COD FILLETS

with chips & tartar sauce

BAKED BRIE CHEESE ON TOASTED PIZZA BREAD (V)

with confit garlic, glazed cherry tomatoes, fresh basil & balsamic drizzle

B.E.L.T

bacon, egg, lettuce & tomato on a toasted bun with aioli & chips

BEEF BURGER

with lettuce, tomato, cheese, BBQ sauce & chips

LAMB RISSOLE

with mash, vegetables & gravy

WHOLESOME CHOICES 23.90/26.90

FLAME'S THAI SALAD (V) (VGN) (GF)

green gem lettuce, vermicelli, wombok, bean sprouts, pickled ginger & light chilli lime dressing

ROASTED PUMPKIN, CASHEW & FETTA SALAD (V) (GF)

with mixed lettuce leaves, cucumber, tomato & ranch dressing

GNOCCHI (V)

with mushrooms, roasted pumpkin, baby spinach, red onion in a tomato & capsicum pesto cream

FRESH GRILLED VEGETABLE STACK (V) (VGN) (GF)

with baby spinach, balsamic beetroot relish & basil

PLANT BASED MINCE BOLOGNAISE (V)

served on spaghetti with shaved parmesan cheese

SEAFOOD

PANKO SQUID RINGS

with chips, salad & aioli

24.90/27.90

GARLIC PRAWNS (GF)

in creamy white wine sauce with rice, fresh slaw & parmesan

28.90/31.90

GRILLED BARRAMUNDI

with chips, salad & citrus garlic butter

28.90/31.90

BUTTERFLIED BATTERED PRAWNS

with chips, salad & Marie Rose sauce

30.90/33.90

SALT & PEPPER BATTERED FLATHEAD FILLETS

with chips, salad, lemon & tartar sauce

26.90/29.90

PRAWN & SQUID SPAGHETTI

in garlic rosé sauce, baby spinach & parmesan

28.90/31.90

GRILLED GOLD BAND SNAPPER (GF)

with rustic potato bake, broccolini & mild chilli mango salsa

30.90/33.90

MEAT

ROAST OF THE DAY (GF)

from 22.90/25.90

with mash, steamed vegetables & gravy
OR roast vegetables, steamed vegetables & gravy +\$3

GRILLED CHICKEN BREAST (GF)

29.90/32.90

served on garlic and rosemary seasoned potatoes, baby spinach, broccolini & bearnaise sauce

GRILLED LAMB KOFTAS

24.90/27.90

with toasted flatbread, rice, salad, sun-dried tomato & capsicum yoghurt

CRUMBED LAMB CUTLETS

27.90/30.90

with chips, salad & gravy

SLOW COOKED BEEF CHEEKS

31.90/34.90

with rustic potato bake, broccolini, red wine & onion jus

SPAGHETTI CARBONARA

24.90/27.90

with red onion, creamy garlic sauce, shaved parmesan & cracked black pepper

BURGERS

BATTERED FLATHEAD BURGER

22.90/25.90

with cheese, lettuce, tomato, tartar sauce & chips

SOUTHERN STYLE CHICKEN BURGER

22.90/25.90

with bacon, lettuce, slaw, tomato, cheese, sweet chilli, aioli & chips

HAWAIIAN FRIED CHICKEN BURGER

22.90/25.90

with lettuce, tomato, bacon, pineapple, cheese, aioli & chips

FLAME'S BEEF QUARTER POUNDER

22.90/25.90

with bacon, cheese, onion, lettuce, pickles, tomato, burger sauce & chips

DOUBLE BEEF PATTY BACON & CHEESE BURGER 23.90/26.90

with lettuce, tomato, burger sauce & chips

SCHNITZELS all served with chips & salad

CHICKEN SCHNITZEL

25.90/28.90

with gravy

CHICKEN SCHNITZEL PARMIGIANA

27.90/30.90

HAWAIIAN CHICKEN SCHNITZEL

28.90/31.90

Topped with Napoli sauce, ham, pineapple & cheese

MEXICAN CHICKEN SCHNITZEL

28.90/31.90

topped with Napoli sauce, avocado, jalapenos, pimento & cheese

LARGE PORK SCHNITZEL

29.90/32.90

topped with ham, cheese & mushroom sauce

LARGE PORK WIENER SCHNITZEL

29.90/32.90

with lemon, fried capers & gravy