

## RUNNERS & WALKERS



Our Australia Day event included picnic lunch, Aussie games and our Annual Awards Presentation for 2024. Chicken, salads and lamingtons were on the menu and enjoyed by all.

The games included our traditional tug-o-war, sack races, throw the thong and Aussie Trivia. Thank you to the organisers who help make this event such fun.

Congratulations to the following award recipients: Club Person of the Year: Cathie Tulloh; Club Champion (joint) Vic Correa and Tony Kean; Walkers Award Keith Gray; Most improved runner Aaron Thomson; and Special Award "Trooper" to Sue Lindsay. All well deserved.

Our AGM will be held at Twin Towns on Thursday 20 March at 6pm Qld/7pm NSW, room TBA. We hope to have another great turnout.

We will continue to keep our runs coastal as much as possible due to the heat but the early starts certainly make a difference. We are looking forward to the cooler Autumn months when we start increasing our distances and training for various external events.

Come join us for a run or walk. We cover distances of 5km to 12km and work on increasing fitness and mental wellbeing. It's a great Club to make friends and enjoy a coffee after our meets.

New members are always welcome to come check us out for up to three times before joining. We meet on Tuesdays and Thursdays at 6.30am at Greenmount (opposite the Pink Hotel) and Sundays 7am at various venues (on Facebook). All times are DST.

Enquiries to Secretary Tracy Mo on 0414 590 940.

## SNOOKER

In January, our Snooker Club released the new 2025 Calendar. There will be plenty of action across the tables during the year with some new events added, including a possible first-time team trip to Port Macquarie in June. We have also set a date for our AGM to be held in the function room at Club Banora on Monday 10 March at 7pm NSW. I extend an invite to all snooker members and members in general to attend this meeting. Our committee looks forward to seeing you there. On to the Snooker and the Australian Junior championships were held in Albury during January. Our Club was represented by Cooper Thomson, Luke Bofinger and Adam Grunsell. Adam and Luke both performed admirably making it out of their groups in both U16 and U18 Snooker and Billiards to reach the quarter finals in both competitions. Cooper Thomson also performed well in the U21 Billiards making it to the quarter finals. Well done to all these young men on representing our Club so well on the National Snooker stage! Our Tues/Thurs midweek have kicked off again and if you fancy your chances on the table, come on down. The draw is done at 6pm NSW sharp both nights and with a few dollars to be won, could be worth your while! Look forward to seeing you on the tables. Until then, happy cueing!

Grant



Cooper Thomson, Luke Bofinger and Adam Grunsell at the Australian Junior Championships

## SENIORS SOCIAL

The next meeting will be on Monday 17 February at 9am Qld/10am NSW in the Visions Room. A reminder that nomination forms for Committee positions will be handed out at the meeting. Please hand these into the Secretary on the day. Selling at the meeting will be an Ipswich Historical Tour on Monday 24 February. The meeting will begin immediately after the bus passes are handed out. Our next meeting on Monday 17 March is our AGM. At the meeting, we will be selling a day trip on Monday 24 March through the Numinbah Valley, travelling east to Murwillumbah via the Natural Bridge to Pottsville Tavern. All trip tickets sold at our meeting; all trips start from Twin Towns and times are Qld time. Phone calls Tuesday to Friday 10am-4pm NSW. Membership Officer Dorothy Colman 07 5523 4581; Welfare Officer Marie Holmes 0417 602 368; Tour & Social Organiser Dot 07 5590 9301.

## RSL SUB-BRANCH

Members Monthly Meeting will be held Monday 24 February at 12pm Qld in the ANZAC Room. This will also be our 2025 AGM. Thursday Morning Tea - members, partners & carers are welcome to come along to morning tea held every Thursday at 9am-11am Qld for a laugh and a chat. Advocates: Compensation and Welfare Advocates are available Tuesday and Thursday by appointment. Sub-Branch office hours Monday to Friday 9am-12pm Qld. Phone 07 5536 1164 or email [admin@thc-rsl.org.au](mailto:admin@thc-rsl.org.au) Visit our website [www.thc-rsl.org.au](http://www.thc-rsl.org.au) for up-to-date information.

**Belinda McIntosh, Office Manager**

## GOLF

Our AGM will be held on Saturday 22 March. The day will commence with a shotgun start mixed competition at 0800 and be followed by the AGM in the curtained area of Club Banora at 1400 (2pm NSW). Positions open this year are President, Men's Captain, Treasurer and Ladies Representative. If you are considering one of these positions, please contact the Secretary (Michael Tink-Hornett). For anyone looking for a round of golf - Veterans (over 55) play on Mondays. Our Ladies play Tuesday and Thursday mornings. Men's competitions are all day Wednesday and Saturday and Sunday sees the mixed competition start about mid-morning. There is a social golf comp, early Sunday morning, generally over 9 holes. If you would like to join in on any of these days or a social round after them, please contact the Pro-shop. You'll be made most welcome. See you out there.

**Brent McLennan (Pres)**

## LADIES BOWLS

At last, back at bowls. I have two mornings with an excuse not to rake leaves shed by my ancient mango tree. February will be a month of only social games but with Cross Border starting in late March, we can try to prepare ourselves by keeping to the Laws and playing our positions well: Leads with accuracy of placement, Seconds with good skip communication, and Skips with clear directions, tactical head building, team encouragement and knowledge of the Laws. On Club Banora news, our sincere thanks and appreciation are extended to Rodger who has looked after our greens during his 50 years at Twin Towns Services Club and now is retiring, and to Nick one of our Managers, who has always helped our Club in various ways, and is also retiring. We wish them both a well-earned rest and plenty of enjoyable future activities. Our 41st AGM is planned for Tuesday 4 March at Club Banora at 2pm NSW. Confirmation to follow.

**Veronica**

## GARDEN

Our first meeting in 2025 will be Tuesday 4 February at 10am NSW. All members are welcomed back after a break, bring a friend too. The Garden Club Annual General Meeting takes place during the 4 March meeting, so please put the date in your diary and plan to attend and ask how you can help towards running the Club. Jobs mount up don't they! Keep up the watering; remove summer annuals after they finish flowering; order spring flowering bulbs; trim summer flowering shrubs as they fade; take cuttings. Come along on 4 February. Club Banora opens 9.30am NSW and meeting starts 10am NSW. Only \$5 for tea or coffee and biscuits plus enjoy browsing the plants, flowers and vegetables brought in by everyone. It's fun deciding on your favourite for the day in each section. Which section will you contribute to? Happy gardening everyone. Enquiries to President Maria on 0448 531 055 or email [mariaharry111@gmail.com](mailto:mariaharry111@gmail.com)

## BRIDGE

Bridge is back in full swing again after being closed between Christmas and New Year, however, our numbers are still not up to full yet. Some of our players are still away visiting family but will be back soon with stories of their holiday get-togethers. The AGM will be held on Monday 17 March prior to afternoon play. Bridge is played on a Monday and Friday starting at 12.15pm NSW. Please be seated 15 minutes prior to commencement to allow the Director of the day to determine the movement for play. For partners on the day contact Teresa on 0437 666 046. Happy Bridging.

**Valerie**

## TENNIS

We are excited to invite all Tennis Club members to our Annual General Meeting, which will be held on Wednesday 12 March at 6pm NSW at the Clubhouse (Tennis Hut). Upcoming Events at the Clubhouse: Trivia Night: Our highly popular Trivia Night is returning in March! It is a fun, entertaining evening, so bring your friends and join us for a great time. Murder Mystery Night: Due to the great success of our previous event, we are excited to announce another Murder Mystery Night in June. Be ready for a fun evening! Games Night & Night-Tennis Get-Together: We will also be hosting a Games Night and Night-Tennis Get-Together in February. It is the perfect opportunity to socialize and enjoy some friendly competition. These events are open to all members, non-members and friends of the Club, so feel free to spread the word and join us! For more details, please check the notice board at the Clubhouse or contact our event organiser, Ray on 0431 514 618. We look forward to seeing you at the AGM and all our upcoming events.

## FISHING

Wishing all our members a very Happy New Year, and very tight lines. Do you like fishing? Do you like socialising? Well, we have a Club that would suit you. This Club is turning out to be a great husband and wife social group. Come along for a chin wag, a sausage sizzle and a bring a drink along. The aim is to provide a social forum where people interested in recreational fishing, but not necessarily Anglers, can meet and exchange their ideas and knowledge of fishing. We have a comp every month so anytime is a good time to come along, socialise and see what has been caught for the weekend. All welcome. Our AGM will be held at Twin Towns on Friday 7 March at 6.30pm NSW, room TBC. Enquiries to Ferdi on 0414 812 907.

**Dutchy**

## TRIATHLON

Triathlon - we're an inclusive Club! We hold friendly races every Saturday morning, 6am NSW at Tweed Heads Aquatic Centre from September to March. First race is free and regular member entry is only \$10! So, you've decided to give triathlon a go? Great decision! Twinnies is the perfect place to try the sport, no matter your age or ability. While we do have competitive members, most of us are out there for the healthy and active lifestyle and the love of the sport. So, whether you're an adult or child, doing the Tempta (300m swim, 10km bike, 2km run), Sprint (500m swim, 16km bike, 4.5km run) or AquaBike (500m swim, 16km bike), you won't be alone on your first visit — one of our members will be happy to accompany you on your first ride of the bike course (and other legs if you choose). Enquires to [twintownstri@gmail.com](mailto:twintownstri@gmail.com) to let us know before your first race and we will arrange a Club member to accompany you around the course for your first time. Our 2025 season ends on 15 March.

## DIGGERS SWIMMING

We have eight swimmers heading off to the zone carnival at Somerset College Pool and hosted by Southport Sharks. Results in the next edition. Our AGM will be held on Sunday 6 April at 11am at Club Banora. Only financial members are eligible to vote so ensure you have paid your annual Diggers Swimming fee by that date. Some committee members will be standing down so please seriously consider if you could help us out. The Nationals this year will be held on 15 March at Coffs Harbour. This proved to be a very popular venue last time it was held there and will attract hundreds of competitors from far and wide. Apart from championship races, all the other events are on a handicap basis so you don't have to be a fast swimmer to do well. Contact the committee for details.

**Bubbles**



## WHAT ARE YOU DOING TODAY?

### WHY NOT TRY SOMETHING NEW?

Twin Towns has so many sporting and social clubs and you can be a member of as many as you like! Try something new and exciting and make some new friends.

Contact any of the internal clubs listed in this newsletter or call 07 5536 2277.



# SLICE AND FORK



Relaxed and family-friendly bistro dining, inside or outdoors in the spacious alfresco area with huge kids' playground.

OPEN 7 DAYS

Lunch 11.30am-2.30pm NSW | Dinner 5pm-8.30pm NSW

COFFEE SHOP

10am-8.30pm NSW

MEMBERS  
**TWO FOR \$30**

VISITOR TWO FOR \$32

MONDAY

GRILLED  
**BARRA**

TUESDAY

**SIRLOIN  
STEAK**

WEDNESDAY

PANKO  
CRUMBED  
**COD**

THURSDAY

**CHICKEN  
SCHNITZEL**

CHECK BLACKBOARD FOR SPECIALS

Twin Towns **CLUB  
BANORA**

